

Course Maps

Brisbane and Melbourne only

Students who are commencing in February 2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1 – FEBRUARY ENTRY – BRI & MEL				
SEM 1 2020	EXSC187 Growth, Motor Development and Ageing 10cp	EXSC115 Foundations of the Outdoor Experience 10cp	EXSC118 Nutrition and Exercise 10cp (Inc: NUTR101)	BIOL125 Human Biology 1 10cp
SEM 2020	ANAT100 Anatomical Foundations of Exercise Science 10cp	EXSC116 Journeying in the Natural World 10cp	EXSC117 Leadership Development in Team Games 10cp	UNCC100 Self and Community: Exploring the Anatomy of Modern Society 10cp See here for more information
YEAR 2 – FEBRUARY ENTRY – BRI & MEL				
SEM 1 2021	EXSC199 Psychology of Sport 10cp	EXSC290 The Aquatic Environment and the Outdoor Experience 10cp	EXSC198 Physiological Bases of Exercise 10cp (Pre: BIOL 125 or BIOL 124 or BIOL 121)	EXSC230¹ Motor Control and Learning 10cp (Pre: EXSC187)
SEM 2 2021	EXSC217 Research and Ethics in Exercise Science 10cp	EXSC390 Leadership Practices and the Outdoor Experience 10cp (Pre: EXSC116)	Elective or Minor Unit 10cp	Elective or Minor Unit 10cp
	EXSC205² Industry Experience Preparation 0cp (Pre: EXSC118, EXSC187, EXSC199, BIOL125)			
YEAR 3 – FEBRUARY ENTRY– BRI & MEL				
SEM 1 2022	EXSC392 Leadership Development in Physical Activities 10cp	EXSC312 River Journeys and Connections to Place 10cp (Pre: EXSC116)	EXSC399 Industry Experience (Pre: EXSC198, EXSC205, ANAT100) 20cp	
SEM 2 2022	UNCC300 Justice and Change in a Global World 10cp (Pre: UNCC100) See here for more information	EXSC391 Evaluation of the Outdoor Experience (Pre: EXSC390)	Elective or Minor Unit 10cp	Elective or Minor Unit 10cp

¹ This unit is also being offered on the Rome Campus. Please see '[Study Health Sciences in Rome](#)' for more information.

² EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 &/or before the commencement of any professional placement.

Strathfield only

Students who are commencing in February 2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1 – FEBRUARY ENTRY – STR

SEM 1 2020	EXSC187 Growth, Motor Development and Ageing 10cp	EXSC115 Foundations of the Outdoor Experience 10cp	EXSC118 Nutrition and Exercise 10cp (Inc: NUTR101)	EXSC199 Psychology of Sport 10cp
SEM 2 2020	ANAT100 Anatomical Foundations of Exercise Science 10cp	EXSC116 Journeying in the Natural World 10cp	BIOL125 Human Biology 1 10cp	UNCC100 Self and Community: Exploring the Anatomy of Modern Society 10cp See here for more information

YEAR 2 – FEBRUARY ENTRY – STR

SEM 1 2021	EXSC230³ Motor Control and Learning 10cp (Pre: EXSC187)	EXSC290 The Aquatic Environment and the Outdoor Experience 10cp	EXSC198 Physiological Bases of Exercise 10cp (Pre: BIOL125 or BIOL124 or BIOL121)	EXSC109 Games & Sport Skills 10cp
SEM 2 2021	EXSC217 Research and Ethics in Exercise Science 10cp	EXSC390 Leadership Practices and the Outdoor Experience 10cp (Pre: EXSC116)	Elective or Minor Unit 10cp	Elective or Minor Unit 10cp
	EXSC205⁴ Industry Experience Preparation 0cp (Pre: EXSC118, EXSC187, EXSC199, BIOL125)			

YEAR 3 – FEBRUARY ENTRY– STR

SEM 1 2022	EXSC313 Aquatics & Athletics 10cp	EXSC312 River Journeys and Connections to Place 10cp (Pre: EXSC116)	EXSC399 Industry Experience (Pre: EXSC198, EXSC205, ANAT100) 20cp	
SEM 2 2022	UNCC300 Justice and Change in a Global World 10cp (Pre: UNCC100) See here for more information	EXSC391 Evaluation of the Outdoor Experience (Pre: EXSC390)	Elective or Minor Unit 10cp	Elective or Minor Unit 10cp

³ This unit is also being offered on the Rome Campus. Please see '[Study Health Sciences in Rome](#)' for more information.

⁴ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 &/or before the commencement of any professional placement.

Bachelor of Sport and Outdoor Education

(Information last updated on 11 February 2020)



Bachelor of Sport and Outdoor Education

(Information last updated on 11 February 2020)



Brisbane and Melbourne only

Students who commenced in February 2019

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1 – FEBRUARY ENTRY – BRI & MEL				
SEM 1 2019	EXSC187 Growth, Motor Development and Ageing 10cp	EXSC115 Foundations of the Outdoor Experience 10cp	EXSC118 Nutrition and Exercise 10cp <i>(Inc: NUTR101)</i>	BIOL125 Human Biology 1 10cp
SEM 2 2019	ANAT100 Anatomical Foundations of Exercise Science 10cp	EXSC116 Journeying in the Natural World 10cp	EXSC117 Leadership Development in Team Games 10cp	UNCC100 Self and Community: Exploring the Anatomy of Modern Society 10cp See here for more information
YEAR 2 – FEBRUARY ENTRY – BRI & MEL				
SEM 1 2020	EXSC199 Psychology of Sport 10cp	EXSC290 The Aquatic Environment and the Outdoor Experience 10cp	EXSC392 Leadership Development in Physical Activities 10cp	Elective or Minor Unit 10cp
SEM 2 2020	EXSC217 Research and Ethics in Exercise Science 10cp	EXSC390 Leadership Practices and the Outdoor Experience 10cp <i>(Pre: EXSC116)</i>	EXSC230⁵ Motor Control and Learning 10cp <i>(Pre: EXSC187)</i>	Elective or Minor Unit 10cp
	EXSC205⁶ Industry Experience Preparation 0cp <i>(Pre: EXSC118, EXSC187, EXSC199, BIOL125)</i>			
YEAR 3 – FEBRUARY ENTRY– BRI & MEL				
SEM 1 2021	EXSC198 Physiological Bases of Exercise 10cp <i>(Pre: BIOL125 or BIOL124 or BIOL121)</i>	EXSC312 River Journeys and Connections to Place 10cp <i>(Pre: EXSC116)</i>	EXSC399 Industry Experience <i>(Pre: EXSC198, EXSC205, ANAT100)</i> 20cp	
SEM 2 2021	UNCC300 Justice and Change in a Global World 10cp <i>(Pre: UNCC100)</i> See here for more information	EXSC391 Evaluation of the Outdoor Experience <i>(Pre: EXSC390)</i>	Elective Unit 10cp	Elective Unit 10cp

⁵ This unit is also being offered on the Rome Campus. Please see '[Study Health Sciences in Rome](#)' for more information.

⁶ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 &/or before the commencement of any professional placement.

PLEASE NOTE FOR ALL MAPS ABOVE

Pre-requisites ('Pre:') are added in italics. Pre-requisites are other units that you must have passed *before* enrolling in the unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

Attendance: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

Multi-mode: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

Online: Unit delivered fully online (including assessments).