

2020 COURSE ENROLMENT GUIDE

Faculty of Health Sciences

Master of High Performance Sport Graduate Diploma in High Performance Sport - Online (with onshore or offshore intensive)

(Information last updated on 11 February 2020)

GET STARTED!

Click through the links below to information in this Guide

STEP 1 Have a look at your [Course Map](#) for the structure of your course. This may vary depending on the campus and the year you started the course. Make a note of the core units you need to enrol in for 2020.

STEP 2 Make sure you've read the [Course Information](#). It has links to the Handbook, which contains information on the major, minor and specialisation options available in your course. Be sure you are familiar with the rules and structure of your course.

STEP 3 Next up, check the [Unit Information](#) for details about elective units offered at your campus this year. Pay particular attention to prerequisite requirements.

STEP 4 Head over to the [Enrolment](#) page on the ACU website. You'll see step-by-step instructions on how to enrol in units via Student Connect.

Please enrol for the whole year. Remember, you can change your Semester 2 enrolment up until the second week of semester and won't be charged Semester 2 fees until August. Units may be cancelled if enrolment numbers are too low.

The Course Enrolment Guide is designed to assist you in the selection of units and to ensure that you are aware of the requirements of your degree, diploma or certificate. Specific information relating to unit content and assessments will be provided by your School.

Before you go, did you know?

Course Enrolment Guides can change so you should check the website for the latest updates. Additional information from your School, Faculty and the University will be sent to your ACU student email address so make sure you've got it set up and you check it regularly. All your email communication with University staff must be sent from your ACU student email account.

1. COURSE MAPS ****Subject to final approval**

Master of High-Performance Sport (February Entry)

Students who commence in February 2020 or who commenced in February 2019

Year 1				
Semester 1	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC510 Strength and Conditioning for Performance and Rehabilitation (10 CP) <i>Online</i>	EXSC650 Fatigue, Recovery, Adaptation and Performance (10 CP) <i>Online</i>	EXSC651 Sports Injury Prevention (10 CP) <i>Online</i>
Semester 2	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC512 Leadership and Culture in High Performance Settings (10 CP) <i>Online</i>	EXSC668 Performance Nutrition (10 CP) <i>Online</i>	Elective unit (10 CP) <i>Online</i>
Year 2				
Semester 1	<p><u>Option 1: Major Research Project+</u></p> <p>EXSC654 Major Research Project Part A (20 CP) <i>Online</i> (Pre: EXSC513 Data Analysis and Interpretation for High Performance Sport, EXSC653 Project Design for High Performance Sport. Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</p> <p>and EXSC655 Major Research Project Part B (20 CP) <i>Online</i> (Pre: EXSC513 Data Analysis and Interpretation for High Performance Sport, EXSC653 Project Design for High Performance Sport, EXSC654 Major Research Project (Part A). Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</p> <p>OR</p> <p><u>Option 2: Minor Project and 2 Electives</u></p> <p>EXSC656 Minor Project (20 CP) (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) <i>Online</i> and 2 x 10 CP Elective Units Online</p> <p>OR</p> <p><u>Option 3: Industry Internship and 2 Electives</u></p> <p>EXSC657 Industry Internship (20 CP) (EXSC510 Strength and Conditioning for Performance and Rehabilitation. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) and 2 x 10 CP Elective Units Online</p> <p>OR</p> <p><u>Option 4: Minor Project and Industry Internship</u></p> <p>EXSC656 Minor Project (20 CP) (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) <i>Online</i> and EXSC657 Industry Internship (20 CP) (EXSC510 Strength and Conditioning for Performance and Rehabilitation. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B)</p>			

*EXSC652 Contemporary Issues in Sports Science is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne (4th – 7th February 2020) or USA (Notre Dame 11th – 13th June 2020).

+ The Major Research Project units (EXSC654 Part A and EXSC655 Part B) is a 12-month commitment. Students must have a GPA ≥5.5 in the first 8 units of the MHighPerfSport degree to be considered for EXSC654 and EXSC655.

Master of High-Performance Sport (Mid-year Entry)

Students who commence in mid-2020 or who commenced in mid-2019

Year 1				
Semester 2	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC512 Leadership and Culture in High Performance Settings (10 CP) <i>Online</i>	EXSC510 Strength and Conditioning for Performance and Rehabilitation (10 CP) <i>Online</i>	EXSC668 Performance Nutrition (10 CP) <i>Online</i>
Semester 1	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC650 Fatigue, Recovery, Adaptation and Performance (10 CP) <i>Online</i>	EXSC651 Sports Injury Prevention (10 CP) <i>Online</i>	Elective Unit (10 CP) <i>Online</i>
Year 2				
Semester 2	<p><u>Option 1: Major Research Project+</u></p> <p>EXSC654 Major Research Project Part A (20 CP) <i>Online</i> (Pre: EXSC513 Data Analysis and Interpretation for High Performance Sport, EXSC653 Project Design for High Performance Sport. Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</p> <p>and EXSC655 Major Research Project Part B (20 CP) <i>Online</i> (Pre: EXSC513 Data Analysis and Interpretation for High Performance Sport, EXSC653 Project Design for High Performance Sport, EXSC654 Major Research Project (Part A). Inc: EXSC656 Minor Project and EXSC657 Industry Internship)</p> <p>OR</p> <p><u>Option 2: Minor Project and 2 Electives</u></p> <p>EXSC656 Minor Project (20 CP) (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) <i>Online</i> and 2 x 10 CP Elective Units Online</p> <p>OR</p> <p><u>Option 3: Industry Internship and 2 Electives</u></p> <p>EXSC657 Industry Internship (20 CP) (EXSC510 Strength and Conditioning for Performance and Rehabilitation. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) and 2 x 10 CP Elective Units Online</p> <p>OR</p> <p><u>Option 4: Minor Project and Industry Internship</u></p> <p>EXSC656 Minor Project (20 CP) (Pre: Successful completion of at least six units in the MHighPerfSport degree. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B) <i>Online</i> and EXSC657 Industry Internship (20 CP) (EXSC510 Strength and Conditioning for Performance and Rehabilitation. Inc: EXSC654 Major Research Project A and EXSC655 Major Research Project Part B)</p>			

* EXSC652 Contemporary Issues in Sports Science is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne (4th – 7th February 2020) or USA (Notre Dame 11th – 13th June 2020).

+ The Major Research Project units (EXSC654 Part A and EXSC655 Part B) is a 12-month commitment. Students must have a GPA ≥5.5 in the first 8 units of the MHighPerfSport degree to be considered for EXSC654 and EXSC655.

Graduate Diploma in High Performance Sport (February Entry)

Students who commence in February 2020

Year 1				
Semester 1	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC510 Strength and Conditioning for Performance and Rehabilitation (10 CP) <i>Online</i>	EXSC650 Fatigue, Recovery, Adaptation and Performance (10 CP) <i>Online</i>	EXSC651 Sports Injury Prevention (10 CP) <i>Online</i>
Semester 2	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC512 Leadership and Culture in High Performance Settings (10 CP) <i>Online</i>	EXSC668 Performance Nutrition (10 CP) <i>Online</i>	Elective Unit (10 CP) <i>Online</i>

*EXSC652 *Contemporary Issues in Sports Science* is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne (4th – 7th February 2020) or USA (Notre Dame 11th – 13th June 2020)

Graduate Diploma in High Performance Sport (Mid-year Entry)

Students who commence in mid-2020 and students who commenced in mid-2019

Year 1				
Semester 2	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC512 Leadership and Culture in High Performance Settings (10 CP) <i>Online</i>	EXSC510 Strength and Conditioning for Performance and Rehabilitation (10 CP) <i>Online</i>	EXSC668 Performance Nutrition (10 CP) <i>Online</i>
Year 2				
Semester 1	*EXSC652 Contemporary Issues in Sports Science (10 CP) <i>Multi-mode</i> OR EXSC513 Data Analysis and Interpretation for High Performance Sport (10 CP) <i>Online</i>	EXSC650 Fatigue, Recovery, Adaptation and Performance (10 CP) <i>Online</i>	EXSC651 Sports Injury Prevention (10 CP) <i>Online</i>	Elective Unit (10 CP) <i>Online</i>

*EXSC652 *Contemporary Issues in Sports Science* is delivered as multi-mode and includes an on-campus intensive component at ACU in Melbourne (4th – 7th February 2020) or USA (Notre Dame 11th – 13th June 2020)

PLEASE NOTE FOR ALL COURSE MAPS

All units are delivered in Attendance mode, unless otherwise indicated. Pre-requisites are added in italics.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

Attendance: Unit delivered primarily via face-to-face or video conference attendance, at an ACU campus or another location.

Multi-mode: Unit delivered via a combination of online content and a compulsory attendance component (including examinations, practicums, residentials, etc.)

Online: Unit delivered fully online (including assessments).

2. COURSE & UNIT INFORMATION

Course Structure

The [ACU Handbook](#) provides detailed information about each ACU course, including minimum duration, requirements for completion, exit points, any available majors/minors/specialisations, Core Curriculum units and descriptions of units. Please follow the links below to view the rules for your course:

Course Title	Course Rules Handbook Link
Master of High Performance Sport 2020	https://handbook.acu.edu.au/2316703
Master of High Performance Sport 2019	https://handbook.acu.edu.au/1422620
Graduate Diploma in High Performance Sport 2020	https://handbook.acu.edu.au/2316655
Graduate Diploma in High Performance Sport 2019	https://handbook.acu.edu.au/1422568

2020 Unit Selection

You must enrol for both semesters, not just Semester 1.

Not only is this a requirement of the Academic Regulations, but ACU also uses enrolment information to understand the demand for each unit and schedule enough spaces. Enrol now for the full year so you don't miss out on the units you want. You can easily change your Semester 2 units later if you change your mind. Remember, Semester 2 tuition fees are not due until August.

Please note that study modes and unit availability are subject to change and not all units are on offer at all times.

2020 Specified Unit Availability

Specified units are offered in the semester/s shown in the maps above. Please note that *EXSC651 Sports Injury Prevention* and *EXSC668 Performance Nutrition* are also offered in Summer Term 2020 (Nov 2019 – Feb 2020).

2020 Elective Unit Availability

Students must refer to their course map first and then check the list below for availability of Elective Units prior to enrolling.

Summer Term 2020 (Nov 2019 – Feb 2020) Elective Unit Offerings:

- **EXSC514** Sports Analytics and Visualisation

Semester 1 2020 Elective Unit Offerings:

- **EXSC653** Project Design for High Performance Sport
- **EXSC659** Athlete Development: Strategies, Capabilities and Wellbeing
- ***EXSC669** Exercise Rehabilitation for Return to Sports Performance - includes a 2-day intensive, on-campus (attendance) component (May/June) in Melbourne or off-shore by invitation.
- **EXSC671** The Business of High Performance Sport
- **EXSC672** Theoretical Foundations of Performance Analysis
- **EXSC674** Contemporary Practice in Strength and Conditioning.

Winter Term 2020 (May – July) Elective Unit Offerings:

- **EXSC514** Sports Analytics and Visualisation
- **EXSC675** International Experience in High Performance Sport – Enrolment in this unit requires Course Coordinator approval because this unit comprises only specific international activities organised by the School of Behavioural and Health Sciences at ACU

Semester 2 2020 Elective Unit Offerings:

- **EXSC515** Exercise Prescription for Sports Injury Management across the Lifespan
- **EXSC653** Project Design for High Performance Sport
- **EXSC658** Performing Under Pressure
- **EXSC673** Application Measurement and Evaluation in Performance Analysis
- **EXSC675** International Experience in High Performance Sport – Enrolment in this unit requires Course Coordinator approval because this unit comprises only specific international activities organised by the School of Behavioural and Health Sciences at ACU

Industry Experience

Students participating in Industry Experience or Community Engagement activities might be asked to complete a range of background checks, certifications, immunisations and registrations as required by Federal and State/Territory laws prior to commencing their placement, practicum or field experience. Please refer to the [Work Integrated Learning](#) webpage to see which requirements you need to fulfil for your study program in your State/Territory. Further information can also be obtained from your Course Coordinators as listed above.

3. GETTING ADVICE

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Please email your enquiry or request to make an appointment.

Course Coordinator	Dr Rich Johnston (07) 3623 7726 Richard.Johnston@acu.edu.au
Additional Course Advice	Associate Professor Stuart Cormack (03) 9953 3133 Stuart.Cormack@acu.edu.au

General Advice

All queries not specifically related to your course, such as admissions, enrolment, fees, scholarships, exams, timetabling and graduations should be directed to [ASK ACU](#).

The [Administration & Enrolment](#) webpage also has useful information to help you in managing your studies (log in required).